

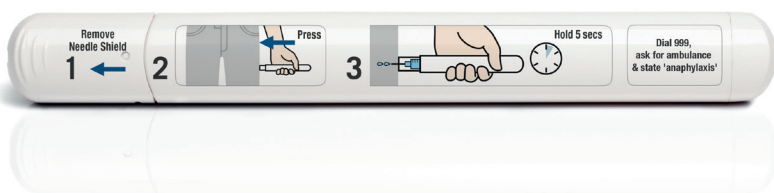
# Your adrenaline auto-injector for emergency treatment of anaphylaxis



Patient information

# Emerade is your life insurance for anaphylaxis

Emerade is an adrenaline auto-injector used for the emergency treatment of severe acute allergic reactions (anaphylaxis) to foods, medicines or insect stings. It can also be used for exercise induced anaphylaxis. If you experience anaphylaxis, use your Emerade immediately. Emerade is a Prescription only Medicine (PoM).



## How to use Emerade



Remove the needle shield



Press against the thigh. Hold for 5 seconds. Massage the injection site gently, then call 999.

## Do not hesitate to use Emerade

Use Emerade immediately if signs or symptoms of an acute allergic reaction (anaphylaxis) occur. Read the instructions carefully and follow your doctor's advice.

Do not hesitate to use your Emerade, even if you are not sure if you have anaphylaxis.

## When to use Emerade

Symptoms can develop rapidly within minutes or over a period of hours after the contact with an allergen.

Symptoms include:

- Difficulty breathing, wheezing
- Itching, especially under the feet, on the hands and on the head
- A stinging feeling in the mouth
- Swelling in the mouth, throat, lips or eyes
- Itching, redness or nettle-rash anywhere on the body
- Dizziness, anxiety, cold sweating
- Abdominal pain, nausea or vomiting
- Sudden fatigue, decreased blood pressure or fainting
- Disorientation or loss of consciousness
- Weak pulse

*Critical symptoms:* You find it hard to breath, your mouth or throat swell, you feel sudden fatigue and dizziness, or experience steady worsening. **If you experience these critical symptoms, inject Emerade immediately. Call 999 and say “anaphylaxis”.**

Adrenaline helps raise your blood pressure, stimulates your heart and improves your breathing.

Always have your Emerade with you.

## New dose after 5 to 15 minutes

Emerade is intended for single use. However, in the absence of clinical improvement a second injection of Emerade may be administered 5–15 minutes after the first injection. It is therefore recommended that you consult with your doctor whether you carry more than one Emerade.

## Recommended dose

Emerade is available in three doses. The dose is determined by your doctor.

As a guide:

- Children between 15 kg and 30 kg – Emerade 150mcg. The dose may need to be increased as your child grows. This should be discussed with your doctor.
- Patients over 30 kg – Emerade 300mcg or Emerade 500mcg.

Emerade cannot be reused.

## For everyday life

*There are no special storage conditions.*

Do not let it freeze.

*Simple and safe to use:* Emerade has only one large needle exit. There is a needle guard following use to protect against needle stick injury.

*When flying:* You may carry Emerade in your hand luggage. Flight personnel may not know this, therefore you may need your doctor to sign a travel certificate.

To print a travel certificate, visit [www.emerade.com](http://www.emerade.com)



See instruction video and read more about anaphylaxis on [www.emerade.com](http://www.emerade.com)

It is important that you read the patient information leaflet.



# Emerade®

Your emergency aid

Adverse events should be reported. Reporting forms and information can be found at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard).



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